

ST. XAVIER'S COLLEGE, MUMBAI MENTORING PROCESS

Mentoring at SXC:

A process of nurturing students to fly (Xavier's motto), leading them to "become more me," (Xavier's anthem) by helping them recognize their vast potential and encourage it to grow into reality.

Why Mentoring?

Every student is unique and has his/her strengths and potentials/abilities which he/she can develop and succeed.

Mentoring helps them see that they are capable of high goals and then supports the student achieve these high goals through small projects.

Process of Mentoring:

Every confirmed teacher at Xavier's is a mentor. At the commencement of the academic year, the mentor creates a bond with the First-Year student who is new to the three-year UG program. The mentor starts the Mentoring program by helping the student understand the functioning of the college, the various facilities available in the college etc. and the process get to know more about the student.

As the mentoring process progresses, the mentor and the student develop a bond where there is a sharing of likes and dislikes, hobbies, plans, achievements, challenges, his/her personal life story and more. The student is encouraged to talk about his/her **overall dream**, and then to work towards this dream through **small measurable goals**, reviewing the implementation with the mentor.

The mentoring session is open for two hours every week. It is a voluntary interaction for the student.

Attendance record is maintained by the mentor and a report is submitted at the end of every semester.

If the mentor realizes that the student is emotionally disturbed/ troubled, the student is steered towards the Wellness Centre where professional counsellors take charge of the situation.

This Mentorship program strives to ensure that the mentee acquires skills and direction to succeed in their careers and be confident as well as happy individuals in society.
