



# St. Xavier's College – Autonomous Mumbai

## Syllabus For III Semester Core Courses in

## **Psychology** (June 2017 onwards)

### Contents:

Theory Syllabus for Courses:

APSY301 SOCIAL PSYCHOLOGY I

APSY302 DEVELOPMENTAL PSYCHOLOGY I

**SYBA**

**Course: APSY301**

**Title: Social Psychology I**

**Learning Objectives:**

1. To ensure understanding of Social Psychology
2. To acquaint students with classic and contemporary research in Social Psychology
3. To further students' knowledge of basic research methodology
4. To develop critical thinking and application skills with respect to the subject matter of Social Psychology and life in general
5. To introduce students to the link between Social Psychology and Personality

**Number of lectures: 45**

**UNIT 1            THE INDIVIDUAL AND THE GROUP            (15 lectures)**

- An orientation to social psychology
  - Research methodology
  - Theoretical approaches
- Social Influence
  - Compliance
  - Destructive Obedience
  - Conformity
- Group processes
  - Social Facilitation
  - Deindividuation
  - Group Decision Making
  - Co-operation v/s Competition and Conflict Resolution

**UNIT 2            PROSOCIAL BEHAVIOUR            (15 lectures)**

- Prosocial Behavior and related concepts
- Bystander Effect
- Determinants of Prosocial Behavior
- Theories of Altruism
- Antisocial Behavior

**UNIT 3            SOCIAL PERCEPTION            (15 lectures)**

- Concept of Attribution
- Theories of Attribution
- Errors and Biases in Attribution
- Impression Formation

**List of Recommended Reference Books**

1. Aronson, Elliot; Wilson, Timothy D. & Akert, Robin M.: Social psychology. (7th ed.) Boston. Prentice Hall, 2010. 0-13-814478-8--(302Aro)
2. Baron, Robert A. & Branscombe, Nyla R.: Social psychology. (13th ed.) Delhi . Pearson Education Inc. , 2015. 978-93-325-3790-3--(302Bar/Bra)
3. Baumeister, Roy F. & Bushman, Brad J.: Social psychology and human nature. Belmont. Thomson Wadsworth, 2008. 0-534-63832-5--(302Bau/Bus)
4. DeLamater, John D. & Myers, Daniel J.: Social psychology. (6th ed.) Belmont. Thomson Wadsworth, 2007. 0-495-09336-X--(302DeL/Mye)
5. Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories : Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)
6. Franzoi, Stephen L.: Social psychology. (5th ed.) Boston. Mcgraw-Hill Book Company , 2009. 0-07-337059-2--(302Fra)
7. Gilovich, Thomas; Keltner, Dacher; Chen, Serena & Nisbett, Richard E.: Social psychology. (4th ed.) New York. W.W. Norton & Company, 2016. 978-0-393-93896-8--(302Gil)
8. Kenrick, Douglas T.; Neuberg, Steven L. & Cialdini, Robert B.: Social psychology : Goals in interaction. (4th ed.) Boston. Pearson Education, Inc., 2007. 0-205-49395-5--(302Ken)
9. Myers, David G.: Social psychology. (10th ed.) New York. Mcgraw-Hill, 2010. 0-07-108800-8--(302Mye)
10. Taylor, Shelley E.; Peplau, Letitia Anne & Sears, David O.: Social psychology. (12th ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2006. 81-317-0393-2--(302TAY)
11. Sanderson, Catherine A.: Social psychology. Wiley India Pvt Ltd, New Delhi, 2011.

**SYBA**

**Course: APSY302**

**Title: Developmental Psychology I**

**Learning Objectives:**

1. To ensure understanding of important concepts, major theories and research methodology of developmental psychology.
2. To inculcate knowledge of developmental milestones from conception to death.
3. To create awareness of the complex interaction of factors governing physical, cognitive and social-emotional development at different life stages.
4. To develop critical thinking and application skills with respect to the subject matter of developmental psychology and life in general.
5. To introduce students to the link between developmental psychology and personality.

**Number of lectures: 45**

**UNIT 1 AN INTRODUCTION TO DEVELOPMENTAL PSYCHOLOGY (15 lectures)**

- An orientation to lifespan development
- Theoretical perspectives (emphasis on Erikson)
- Research methods
- Prenatal development and environmental factors
- Birth and complications

**UNIT 2 INFANCY & TODDLERHOOD (15 lectures)**

- Early reflexes and motor development
- Development of the senses
- Cognitive development
- Language development
- Emotional development and communication with caregivers
- Temperament
- Autonomy and the emergence of self
- Role of parents and attachment

**UNIT 3 EARLY CHILDHOOD (15 lectures)**

- Bodily growth and motor skills
- Cognitive development and language
- Identity (self and gender)
- Parenting
  - forms of discipline
  - encouraging altruism
  - reducing fearfulness
  - aggression in childhood

- maltreatment

### **List of Recommended Reference Books**

1. Berk, Laura E.: Development through the lifespan. (3rd ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2007. 81-317-0894-2--(155BER)
2. Cook, Joan Littlefield & Cook, Greg: Child development : Principles and perspectives. (2nd ed.) Boston. Pearson Education, Inc., 2009. 0-205-49406-4--(155.4Coo/Coo)
3. Dacey, John S., Travers, John F. & Fiore, Lisa: Human development across the lifespan. (7th ed.) Boston. Mcgraw-Hill Book Company, 2009. 0-07-128398-6--(155Dac)
4. Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories : Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)
5. Feldman, R.S.: Discovering the lifespan, Pearson Prentice Hall, 2014.
6. Kail, R. V., Cavanaugh, J. C.: Essentials of Human Development (2<sup>nd</sup> ed.). Cengage Learning, 2016.
7. McDevitt, Teresa & Ormrod, Jeanne Ellis: Child development and education. (4th ed.) Upper Saddle River. Pearson Education, Inc, 2010. 0-13-713383-9--(155.4McD/Orm)
8. Newman, B. M., Newman, P. R.: Development through life: A psychosocial approach. (13<sup>th</sup> ed.) Cengage Learning, 2016.
9. Papalia, Diane E.; Olds, Sally Wendkos & Feldman, Ruth Duskin: Human development. (9th Ed.) Boston. McGraw-Hill Higher Education, 2004. 0-07-121501-8--(155PAP)
10. Santrock, John W.: Life-span development. (13th ed.) New York. Mcgraw-Hill Companies, Inc., 2011. 0-07-122169-6--(155San)
11. Santrock, J.W.: Educational Psychology (2<sup>nd</sup>ed). Tata McGraw Hill, 2007.