



St. Xavier's College – Autonomous Mumbai

Syllabus For IV Semester Core Courses in

Psychology (November 2017 onwards)

Contents:

Theory Syllabus for Courses:

APSY401 SOCIAL PSYCHOLOGY II

APSY402 DEVELOPMENTAL PSYCHOLOGY II

4. DeLamater, John D. & Myers, Daniel J.: Social psychology. (6th ed.) Belmont. Thomson Wadsworth, 2007. 0-495-09336-X--(302DeL/Mye)
5. Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories : Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)
6. Franzoi, Stephen L.: Social psychology. (5th ed.) Boston. Mcgraw-Hill Book Company , 2009. 0-07-337059-2--(302Fra)
7. Gilovich, Thomas; Keltner, Dacher; Chen, Serena & Nisbett, Richard E.: Social psychology. (4th ed.) New York. W.W. Norton & Company, 2016. 978-0-393-93896-8--(302Gil)
8. Kenrick, Douglas T.; Neuberg, Steven L. & Cialdini, Robert B.: Social psychology : Goals in interaction. (4th ed.) Boston. Pearson Education, Inc., 2007. 0-205-49395-5--(302Ken)
9. Myers, David G.: Social psychology. (10th ed.) New York. Mcgraw-Hill, 2010. 0-07-108800-8--(302Mye)
10. Taylor, Shelley E.; Peplau, Letitia Anne & Sears, David O.: Social psychology. (12th ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2006. 81-317-0393-2--(302TAY)
- 11.** Sanderson, Catherine. A.: Social psychology. Wiley India Pvt Ltd, New Delhi, 2011.

SYBA

Course: APSY402

Title: Developmental Psychology II

Learning Objectives:

1. To ensure understanding of important concepts, major theories and research methodology of developmental psychology.
2. To inculcate knowledge of developmental milestones from conception to death.
3. To create awareness of the complex interaction of factors governing physical, cognitive and social-emotional development at different life stages.
4. To develop critical thinking and application skills with respect to the subject matter of developmental psychology and life in general.
5. To introduce students to the link between developmental psychology and personality.

Number of lectures: 45

UNIT 1 ADOLESCENCE (15 lectures)

- Physical development, puberty, health
- Cognitive development & abstract thought
- Emotional issues, depression, suicide
- Social development, relationships family and friends
- Sexuality
- Challenges /issues

UNIT 2 EARLY & MIDDLE ADULTHOOD (15 lectures)

- Cognitive development in early adulthood
- Psychosocial development in early adulthood
- Parenting as a developmental experience
- Mid life transition / changes
- Challenges & issues in middle adulthood

UNIT 3 LATE ADULTHOOD (15 lectures)

- Physical & cognitive changes
- Social & emotional challenges
- Death, bereavement & grief
- Geriatric care & services with emphasis on Indian context
- Policies and legal laws that protect the elderly in the city

List of Recommended Reference Books

- Berk, Laura E.: Development through the lifespan. (3rd ed.) New Delhi. Dorling Kindersley (India) Pvt. Ltd, 2007. 81-317-0894-2--(155BER)
- Cook, Joan Littlefield & Cook, Greg: Child development : Principles and perspectives. (2nd ed.) Boston. Pearson Education, Inc., 2009. 0-205-49406-4--(155.4Coo/Coo)
- Dacey, John S., Travers, John F. & Fiore, Lisa: Human development across the lifespan. (7th ed.) Boston. Mcgraw-Hill Book Company, 2009. 0-07-128398-6--(155Dac)
- Ellis, Albert; Abrams, Mike & Abrams, Lidia D.: Personality theories : Critical perspectives. Los Angeles. Sage Publications, 2009. 1-4129-7062-4--(155.2Ell)
- Feldman, R.S (2014) Discovering the lifespan. Pearson Prentice Hall.
- Kail, R. V., Cavanaugh, J. C. (2016) Essentials of Human Development (2nd ed.). Cengage Learning.
- McDevitt, Teresa & Ormrod, Jeanne Ellis: Child development and education. (4th ed.) Upper Saddle River. Pearson Education, Inc, 2010. 0-13-713383-9--(155.4McD/Orm)
- Newman, B. M., Newman, P. R. (2016) Development through life: A psychosocial approach. (13th ed.) Cengage Learning.
- Papalia, Diane E.; Olds, Sally Wendkos & Feldman, Ruth Duskin: Human development. (9th Ed.) Boston. McGraw-Hill Higher Education, 2004. 0-07-121501-8--(155PAP)

- Santrock, John W.: Life-span development. (13th ed.) New York. McGraw-Hill Companies, Inc., 2011. 0-07-122169-6--(155San)
 - Santrock, J.W. (2007) Educational Psychology (2nded). Tata McGraw Hill.
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